



NO EXCUSES: BEING THE FATHER MY SON DESERVES

by: Dreux "Lil Fizz" Frédéric with Brittani Williams
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It was easy for Dreux "Lil Fizz" Frédéric of platinum selling R&B group B2K, to think he had it all, when by society's standards he did. Fame, fortune and millions of adoring fans had him convinced he had accomplished everything he ever wanted and more. He soon found out he was wrong. Even with all his success, he still felt incomplete and empty inside.

In the shadows of the bright lights is where he discovered the true meaning of having it all. On the day his son was born, Dreux then realized it was his son who made him whole. Regardless of what he was going through or how he felt, he was a father first. The pain from the roller coaster ride of stardom was immediately removed when he looked into his son's eyes. Dreux now knows that being a father is the ultimate reward and it is his responsibility no matter what.

ABOUT THE AUTHORS

Dreux Pierre Frédéric is better known by his stage name Lil' Fizz. He is a rapper, record producer and television personality. He was best known for being the youngest member and rapper of the R&B group, B2K. Currently, he stars on VH1's number one reality television series Love & Hip Hop: Hollywood.

Author extraordinaire Brittani Williams, of Philadelphia, began her foray into writing by happenstance when she was required to pen a play as a high school assignment. It was then that Brittani discovered her unbound imagination, creativity and the escapism rooted in great literature. After much encouragement from family, friends, and co-workers alike, Brittani's hobby became a profession in 2005 when she completed her first manuscript entitled Automatic Princess, (later renamed *Daddy's Little Girl*). Since then she's released numerous books and several anthologies. To broaden her horizons beyond exclusively writing novels, Brittani made her directorial debut in June 2010 with the stage play adaptation of one of her bestselling novels, *Black Diamond*. In addition to directing, Brittani also wrote and produced *Black Diamond* the stage play; which successfully debuted to a sold out audience of over 700 on its opening night. At an impressively young age Brittani has sold several hundred thousand books, is currently writing a cookbook, has founded Trendsetters Publications, and works as the lead graphic designer at her highly successful graphics company TSPub Creative, making her a force to be reckoned with.